

# Advisory Circular AC65-5

Revision 4 5 April 2025

# **Air Traffic Services Personnel Licences and Ratings - Flight Service Operator Licences**

#### General

Civil Aviation Authority (CAA) advisory circulars (ACs) contain information about standards, practices, and procedures that the Director has found to be an **acceptable means of compliance** with the associated rule.

Consideration will be given to other methods of compliance that may be presented to the Director. When new standards, practices, or procedures are found to be acceptable they will be added to the appropriate AC.

#### **Purpose**

This AC describes an acceptable means of compliance for applicants for air traffic services (ATS) personnel licences and ratings, in particular Flight Service Operator licences.

#### **Related Rules**

This AC relates specifically to Civil Aviation Rule Part 65, *Air Traffic Services Personnel Licences and Ratings*, Subpart E, *Flight Service Operators Licences*.

#### **Change Notice**

Revision 4 makes changes to align with redrafted rules under the Civil Aviation Act 2023 (CA Act 2023). New act references have been updated. We have also updated the note on page 4 relating to applying online.

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## **Version History**

History Log

| Revision No.   | Effective Date | Summary of Changes   |
|----------------|----------------|--|
| AC65-05, Rev 0 | 30 Apr 2001    | Initial issue.   |
| AC65-5, Rev 1  | 3 May 2007     | Renumbered AC from AC65-05 to AC65-5 as part of a project to standardise the numbering of all ACs.   |
| AC65-5, Rev 2  | 21 Nov 2014    | Made editorial changes to text and reviewed Appendix A which presents 'Subject 101 – Flight Service Operator Licences' in the objective performance verb format. |
| AC65-5, Rev 3  | 29 Jan 2024    | Added a note on online applications.   |
|                |                | Provided a link to an abbreviations and acronyms section in AC65-1.  |
|                |                | Added some items on space weather to section 100.20<br>Hazardous Weather Conditions.   |
|                |                | Standardised format and language to be consistent with current AC style.   |
|                |                | Added a Version History.   |
| AC65-5, Rev 4  | 5 April 2025   | Updates reference to reflect CA Act 2023.  |
|                |                | Updates note on page 5 relating to applying online.  |

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#### Introduction

Part 65, Air Traffic Services Personnel Licences and Ratings, was issued on 1 April 1997 and amended most recently on 24 September 2015, Amendment 5. Part 65 prescribes rules governing the issue of ATS licences and ratings, the conditions to issue those licences and ratings, and the privileges and limitations of those licences and ratings.

This AC forms part of a series of ACs that supports these rules – one for each required rating.

#### Abbreviations and acronyms

For a list of abbreviations and acronyms used in these ACs, please refer to <u>AC65-1</u>, <u>Air Traffic</u> <u>Services Personnel Licences and Ratings – General</u>.

While many abbreviations are from <u>Part 1 - Definitions and Abbreviations</u>, they have been listed in AC65-1 for convenience.

#### **AC Intent and Process**

This AC provides guidance on how to comply with Part 65, Subpart E, Flight Service Operators Licences.

**Note**: Applicants can now apply online for ATS licences and ratings through **MyAviation**, CAA's online portal for licensing requests, instead of filling in paper forms. Click the 'Online services' button on the CAA home page to get started.

### **Subpart E – Flight Service Operator Licences**

#### Rule 65.201 Applicability

Subpart E prescribes rules governing the issue of flight service operator licences and the privileges and limitations of those licences.

#### Rule 65.203 Eligibility requirements

As per rule 65.203(a)(3) an applicant for a flight service operator licence needs to have at least 10 hours' experience on the flight deck of an aircraft. To meet this requirement the student should complete:

- (a) Flight deck experience in controlled airspace including a control zone, in a light general aviation aircraft to observe basic aircraft handling techniques as they apply to ATC procedures.
- (b) Flight deck experience in a light general aviation aircraft involving flight operations in Class G airspace. On these flights the students should take part in the flight planning process for the flight and receive instruction on how an in-flight emergency affects the pilot's ability to manage the emergency and respond to assistance.
- (c) Airfield or airspace familiarisation flights and flight deck experience with operators who use their on-the-job (OJT) locations. On these flights the students should have a workbook to complete on each sector, observing and noting details of pre-flight, departure, cruise, arrival and post-flight procedures.

On completion of flight deck experience, students should be debriefed during discussion in the classroom environment and their workbooks retained and filed as a record of their flight deck experience.

As per rule 65.203(a)(4) an applicant for a flight service operator licence needs to have passed examinations relevant to the duties of a flight service officer, in ATS general knowledge, operational procedures, air law, human factors, and telecommunication equipment. Attainment of the written syllabus given in Appendix A of this AC would meet these requirements.

#### **APPENDIX A**

#### **Syllabus**

#### **Subject No 101 – Flight Service Operator Licence**

Each subject has been given a subject number and each topic within that subject a topic number. These reference numbers may be used on 'knowledge deficiency reports' (KDRs) and will provide valuable feedback to the examination candidate.

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.2     | Rules and Regulations   |
| 101.2.2   | Describe the purpose and function of International Civil Aviation Organization (ICAO).  |
| 101.2.4   | Describe the relationship between New Zealand and ICAO.   |
| 101.2.6   | Describe the main principle established by the 'five freedoms of the air'.  |
| 101.2.8   | Describe the methods by which ICAO sets standards and recommended practices (SARPs) which States consider adopting into their national legislation/regulation     |
| 101.2.10  | Describe the relationships between Procedures for Air Navigation Services (PANS) and ICAO Standards and Recommended Practices (SARPS).                            |
| 101.2.12  | Describe in general terms the content of the ICAO annexes.  |
| 101.2.14  | Identify the origin of the objectives of ATS.   |
| 101.2.16  | Explain the considerations which determine the need for ATS.  |
| 101.2.18  | Describe the objective and function of the New Zealand CAA.   |
| 101.2.20  | Describe in general terms the CA Act 2023 that is the basis of regulatory legislation for the civil aviation system in New Zealand.                               |
| 101.2.22  | Describe the function and types of rules provided for under the CA Act 2023, including their relationship to the provision of ATS.                                |
| 101.2.24  | Describe in general terms the requirements for notifying differences with ICAO and where records of these differences can be accessed on the CAA website.         |
| 101.4     | ATS Documents   |
| 101.4.2   | List the core ATS operations manual and supporting documents that comply with the requirements of Part 172.   |
| 101.4.4   | Describe in general terms the content of the core ATS operations manual.  |
| 101.4.6   | Describe in general terms the purpose and content of the supporting documents for the core ATS operations manual, including but not limited to those that detail: |
|           | (a) procedures necessary for coordination between ATS units including   |

# **Sub Topic** Syllabus Item international ATS units (b) procedures for coordination between ATS at aerodromes and different operating organisations on that aerodrome (c) the procedure for specific sectors or units. 101.4.8 Explain in general terms the processes associated with the use of the ATS operations manual and supporting documents. 101.4.10 State where you would locate definitions for ATS terms. 101.4.12 State where you would locate the word and phrase abbreviations and acronyms most commonly used. 101.4.14 State where you would find the location indicators. 101.4.16 Describe the request for change process for changes to manuals used in the provision of an ATS service. 101.4.18 Explain in general terms the document control process for manuals used in the provision of an ATS service. 101.4.20 Describe the correct use of the following words contained in operational ATS manuals: (a) shall (b) should (c) may (d) need not (e) will. 101.6 **Flight Service Operator Licence Privileges and Conditions** 101.6.2 Describe the conditions which must be met for the issue and maintenance of a flight service licence. 101.6.4 State the requirements for holding a medical certificate.

medical condition, as laid down in the CA Act 2023, Schedule 2.

Explain in general terms the New Zealand CAA system of assessing medical fitness.

Describe the responsibilities of a licence holder with respect to changes in their

Describe the responsibilities of a licence holder with respect to safety offences.

State the general requirements for entering details into the personal ATS logbook.

101.6.6

101.6.8

101.6.10

101.6.12

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.6.14  | Describe the recent experience requirements including:  |
|           | (a) current operating practice (COP)  |
|           | (b) regaining COP   |
|           | (c) cyclical training   |
|           | (d) location of this information.   |
| 101.8     | Flight Rules  |
| 101.8.2   | Define IFR and VFR and ICAO and NZ requirements.  |
| 101.8.4   | Describe the terms VMC and IMC.   |
| 101.8.6   | State the VFR meteorological minima for visibility and distance from cloud for the following: |
|           | (a) airspace at and above 10,000ft  |
|           | (b) airspace below 10,000ft and above 3,000ft (or 1,000ft above terrain whichever is higher), |
|           | (c) G airspace at or below 3,000ft (or 1,000ft above terrain whichever is higher),            |
|           | (d) helicopters.  |
| 101.8.8   | State the aerodrome meteorological minima.  |
| 101.8.10  | State the minimum safe heights for VFR flights.   |
| 101.8.12  | State the VFR table of cruising levels.   |
| 101.8.14  | Define Special VFR.   |
| 101.8.16  | Identify the circumstances under which a flight is required to operate Special VFR.           |
| 101.8.18  | Describe the fuel reserve requirements for VFR flights by day and night.                      |
| 101.8.20  | State the right of way rules for aircraft in flight.  |
| 101.8.22  | Describe the position reporting requirements for VFR flights under Part 91.                   |
| 101.8.24  | Describe the IFR adherence to flight plan requirements under Part 91.                         |
| 101.10    | Aeronautical Information Service (AIS)  |
| 101.10.2  | Describe the function and purpose of the AIS.   |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.10.4  | Identify the components of the aeronautical information system, including the meanings of the acronyms.                   |
| 101.10.6  | Describe the publications and processes associated with the AIP.  |
| 101.10.8  | Describe the purpose of aeronautical information circulars.   |
| 101.10.10 | Define NOTAM.   |
| 101.10.12 | Describe the processes associated with NOTAM issue, including:  |
|           | (a) NOTAM origination criteria  |
|           | (b) NOTAM distribution  |
|           | (c) NOTAM preparation and composition   |
|           | (d) International NOTAM office  |
|           | (e) NAVAID status NOTAMS  |
|           | (f) NOTAM request   |
|           | (g) NOTAM register  |
|           | (h) NOTAM cancellation  |
|           | (i) action of unit on receipt of NOTAM  |
|           | (j) NOTAM area chart  |
|           | (k) abbreviations.  |
| 101.10.14 | Explain the requirements for a pre-flight information service, including where it is to be obtained.                      |
|           | Meteorology   |
| 101.12    | Fundamentals of the Atmosphere  |
| 101.12.2  | Identify the elements of the earth's atmosphere.  |
| 101.12.4  | Explain the basic physical structure of the atmosphere, including vertical structure as it relates to aviation.           |
| 101.12.6  | Identify the divisions of the atmosphere that are of greatest relevance to aviation.                                      |
| 101.12.8  | Explain the relationships between volume, temperature, pressure and density, and their importance to aircraft operations. |
| 101.12.10 | Explain in general terms what is meant by temperature lapse rate, and its relationship to the tropopause.                 |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.12.12 | Explain the impact of humidity on density and its relevance to aircraft performance.  |
| 101.12.14 | Define the values of the ICAO standard atmosphere.  |
| 101.12.16 | Explain how to calculate pressure and density altitude.   |
| 101.12.18 | Explain the methods and properties of heat transfer in the atmosphere and how it relates to global and regional weather patterns. |
| 101.12.20 | Explain various heat transfer methods including radiation, conduction and convection.   |
| 101.12.22 | Explain the different types of temperature variations.  |
| 101.12.24 | Explain the properties of water vapour in the atmosphere, including origins of moisture in the atmosphere.                        |
| 101.12.26 | Describe the processes of condensation and sublimation.   |
| 101.12.28 | Define the term saturation.   |
| 101.12.30 | Describe the process of latent heat of vaporisation.  |
| 101.12.32 | Explain 'dew point'.  |
| 101.12.34 | Define the term 'relative humidity'.  |
| 101.12.36 | Explain the general principles of atmospheric stability.  |
| 101.12.38 | Define the ICAO standard adiabatic lapse rate.  |
| 101.12.40 | Explain the trigger mechanisms of forced air ascent.  |
| 101.12.42 | Explain the atmospheric lapse rate and their values.  |
| 101.12.44 | Explain general atmospheric conditions in stable and unstable air when flying.  |
| 101.12.46 | Explain the four main types of temperature inversions.  |
| 101.14    | Clouds and Precipitation  |
| 101.14.2  | Describe how clouds are formed.   |
| 101.14.4  | Explain how atmospheric temperature, moisture and stability affect cloud formation.   |
| 101.14.6  | Identify and describe the four major lifting agents which cause clouds to form.   |
| 101.14.8  | Identify and classify the major cloud types.  |
| 101.14.10 | Define the elements necessary for the formation of precipitation.   |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.14.12 | Define the process of coalescence and deposition.  |
| 101.14.14 | Describe the different forms of precipitation.   |
| 101.14.16 | Describe the various characteristics of precipitation.   |
| 101.16    | Visibility and Wind  |
| 101.16.2  | Describe the causes of visibility variation and their effects on air traffic operations.                             |
| 100.16.4  | Explain in general terms visibility measurement.   |
| 101.16.6  | Describe the characteristics and the effect on visibility distance, of the following:                                |
|           | (a) precipitation  |
|           | (b) fog or mist  |
|           | (c) haze   |
|           | (d) smoke  |
|           | (e) sea spray  |
|           | (f) snow   |
|           | (g) volcanic ash   |
|           | (h) slant range  |
|           | (i) sandstorms.  |
| 101.16.8  | Explain how wind is generated in the atmosphere and its effect on aviation.  |
| 101.16.10 | Explain the three forces which affect wind generation.   |
| 101.16.12 | Explain diurnal variation of wind.   |
| 101.16.14 | Explain converging and diverging wind.   |
| 101.16.16 | Explain how the relationship between pressure gradient and wind speed and direction is affected by local conditions. |
| 101.18    | Weather Systems and Basic Forecasting  |
| 101.18.2  | Describe general weather circulations in the atmosphere and their effect on global weather patterns.                 |
| 101.18.4  | Describe the idealised world circulation pattern.  |
| 101.18.6  | Describe the Coriolis effect and its resultant influence on weather circulation patterns.                            |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.18.8  | Describe how westerly winds are formed.   |
| 101.18.10 | Explain global patterns of weather and their effect on understanding and forecasting weather.   |
| 101.18.12 | Describe an air mass, including size, temperature and humidity.   |
| 101.18.14 | Describe the characteristics of different air masses, including source regions and classification.  |
| 101.18.16 | Describe and explain the likely weather conditions in Australasia during warm and cold airstream advection.                               |
| 101.18.18 | Describe the following:   |
|           | (a) cold, warm, stationary, occluded fronts   |
|           | (b) wind and weather sequence associated with each type of front  |
|           | (c) movement of fronts and pressure systems.  |
| 101.18.20 | Describe the weather conditions associated with tropical cyclones.  |
| 101.18.22 | Describe the weather in the east and west of New Zealand when a blocking anticyclone has formed to the immediate east of the country.     |
| 101.18.24 | Assess and interpret information presented on mean sea level analysis and prognosis weather charts covering the southwest pacific region. |
| 101.20    | Hazardous Weather Conditions  |
| 101.20.2  | Define wind shear.  |
| 101.20.4  | Describe the causes of wind shear.  |
| 101.20.6  | Describe the effects of wind shear on aircraft operations.  |
| 101.20.8  | Identify the responsibility of ATC to report actual or suspected wind shear.  |
| 101.20.10 | Define fog.   |
| 101.20.12 | Explain the different conditions that can cause fog.  |
| 101.20.14 | Describe the operational problems associated with fog.  |
| 101.20.16 | Describe the conditions required for the formation of thunderstorms.  |
| 101.20.18 | Describe the stages of a thunderstorm.  |
| 101.20.20 | Describe the main thunderstorm types.   |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.20.22 | Describe the major hazards to aviation associated with thunderstorms.   |
| 101.20.24 | Explain the origin and development of tornadoes and state the main hazards.   |
| 101.20.26 | Describe the meteorological conditions favourable to icing.   |
| 101.20.28 | Describe the different types of airframe icing.   |
| 101.20.30 | Describe the effects of ice accretion on aircraft.  |
| 101.20.32 | Identify ATC responsibilities with respect to information on icing.   |
| 101.20.34 | Describe the conditions that generate turbulence, the major types of turbulence and any associated localised phenomena. |
| 101.20.36 | Describe how turbulence is categorised and reported by ATS and aircrew.   |
| 101.20.38 | Describe the mountain wave (standing, or lee wave) process.   |
| 101.20.40 | Describe the different types of space weather.  |
| 101.20.42 | Describe the different impacts of space weather on the aviation system.   |
| 101.20.44 | Describe the impact of volcanic ash on aircraft.  |
| 101.22    | ATS Meteorological Responsibility   |
| 101.22.2  | Describe the practices and services of the New Zealand Meteorological Service (MetService).                             |
| 101.22.4  | Demonstrate the ability to decode the following aeronautical meteorological messages:                                   |
|           | (a) METAR and AUTO METAR  |
|           | (b) SPECI   |
|           | (c) TAF   |
|           | (d) SIGMET  |
|           | (e) BWR.  |
| 101.22.6  | State the meteorological definitions.   |
| 101.22.8  | State the meteorological information supplied to aircraft by ATS.   |
| 101.22.10 | Describe the process to follow when meteorological information is received from aircraft.                               |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.22.12 | State and define the ICAO and NZ terms for describing the presence of water on a runway.                           |
| 101.22.14 | State the requirements for reporting wind, including:  |
|           | (a) period of observation  |
|           | (b) wind direction   |
|           | (c) crosswind component  |
|           | (d) multiple anemometers   |
|           | (e) wind shear.  |
| 101.22.16 | Describe how cloud and cloud base are reported.  |
| 101.22.18 | Explain the process for pressure values, including:  |
|           | (a) aerodrome QNH  |
|           | (b) local aerodrome QNH source(s) not available  |
|           | (c) zone area QNH  |
|           | (d) AWS reports  |
|           | (e) AWS decoding.  |
| 101.22.20 | Describe the requirements for METAR and SPECI reporting, including:  |
|           | (a) how visibility shall be expressed in meteorological reports  |
|           | (b) accuracy of observation  |
|           | (c) timeliness of METAR and SPECI reports.   |
| 101.22.22 | State the time criteria for the passing of MET information.  |
| 101.22.24 | Describe the process for broadcast of meteorological information by automatic terminal information service (ATIS). |
| 101.22.26 | Describe the process for passing on reports of volcanic activity to MetService.                                    |
|           | Navigation   |
| 101.24    | The Earth  |
| 101.24.2  | Define the shape of the earth and its rotation.  |
| 101.24.4  | Explain the points on a compass.   |
| 101.24.6  | Explain, for the purposes of any navigation, the means of earth divisions.   |
|           |  |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.24.8  | Define the units of measure used in air navigation and how they are determined.               |
| 101.24.10 | List the symbols used in navigational units of measure.                                       |
| 101.24.12 | Explain the principle of operation of a magnetic compass and its limitations.                 |
| 101.24.14 | Explain the principles of earth's magnetism.  |
| 101.24.16 | Explain the difference between true and magnetic north and relevance for accurate navigation. |
| 101.26    | Navigational Basics   |
| 101.26.2  | Explain the principle and functions of the navigational computer.                             |
| 101.26.4  | Explain the principles of basic air navigation in terms of flight plotting, including:        |
|           | (a) vector quantities   |
|           | (b) wind velocity   |
|           | (c) ways of expressing direction:   |
|           | i. heading (HDG)  |
|           | ii. track (TR)  |
|           | (d) drift   |
|           | (e) speed:  |
|           | i. ground speed (GS)  |
|           | ii. effect of wind on different speeds of aircraft.   |
| 101.26.6  | Explain the triangle of velocities, including:  |
|           | (a) variables   |
|           | (b) rules   |
|           | (c) one-in-sixty (1:60) rule:   |
|           | i. correction to heading  |
|           | ii. use of 1:60 rule in ATC.  |
| 101.26.8  | Explain the various methods used for an aircraft reporting its position, including:           |
|           | (a) latitude and longitude  |
|           | (b) other methods of expressing position  |

# **Sub Topic Syllabus Item** (c) geographical (d) line features (e) bearing and distance (f) reporting abeam (g) estimates at future positions. 101.26.10 Explain the basic principles of time measurement as appropriate to air traffic control. 101.26.12 Explain the relationship between time and longitude. 101.26.14 Explain how to convert between local, GMT and UTC. 101.26.16 Define what sunrise, sunset and twilight are. 101.28 **Maps and Aeronautical Charts** 101.28.2 Explain the principles of projections and basic types of projections. 101.28.4 Describe map scale used in air navigation charts. 101.28.6 Define methods of indicating scale, elevation and associated legends on aeronautical maps and charts. 101.28.8 Describe the appropriate use and interpret features and symbols, of the following: (a) New Zealand aeronautical charts (b) aerodrome chart (c) operational data pages in the AIP Volume 4. 101.30 **Radio Theory** 101.30.2 Explain the properties of electromagnetic radiation and their use in radio communication and navigation. 101.30.4 Explain the properties of electromagnetic waves. 101.30.6 Explain how radio waves can be propagated above the earth. 101.30.8 Explain wireless radio communication. 101.30.10 Explain the operation and limitations of aerials: (a) VHF direction finding (b) automatic direction finding

| Sub Topic   | Syllabus Item  |
|---|--|
|   | (c) non-directional beacons.   |
| 101.30.12   | Explain the relationship between wavelength and aerial length.   |
| 101.30.14   | Explain the operation of VDF equipment as used by ATS.   |
| 101.32  | Navigation Equipment   |
| 101.32.2  | Explain the operation and limitations of a VOR.  |
| 101.32.4  | Explain the operation and limitations of a DME.  |
| 101.32.6  | Describe how an NDB operates.  |
| 101.32.8  | Describe the limitations of an NDB.  |
| 101.32.10   | Explain the operational use of an ILS.   |
| 101.32.12   | Explain the principle of area navigation (RNAV) with particular reference to inertial navigation and global navigation satellite systems.  |
|   | Aircraft   |
|   |  |
| 101.34  | Principles of Flight   |
| <b>101.34</b><br>101.34.2   | Principles of Flight  Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  |
|   | Identify the forces acting on an aircraft in flight, and explain the basic relationship  |
| 101.34.2  | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  |
| 101.34.2<br>101.34.4  | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  Explain Bernoulli's Theorem and its relevance to an aerofoil.   |
| 101.34.2<br>101.34.4<br>101.34.6  | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  Explain Bernoulli's Theorem and its relevance to an aerofoil.  Identify the three main factors affecting lift that can be controlled by the pilot.  |
| 101.34.2<br>101.34.4<br>101.34.6<br>101.34.8  | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  Explain Bernoulli's Theorem and its relevance to an aerofoil.  Identify the three main factors affecting lift that can be controlled by the pilot.  Explain stalling, including the basic means of stall recovery.  Identify and explain the two main types of drag, and outline the impact of drag on  |
| 101.34.2<br>101.34.4<br>101.34.6<br>101.34.8<br>101.34.10                           | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  Explain Bernoulli's Theorem and its relevance to an aerofoil.  Identify the three main factors affecting lift that can be controlled by the pilot.  Explain stalling, including the basic means of stall recovery.  Identify and explain the two main types of drag, and outline the impact of drag on aircraft performance.  |
| 101.34.2<br>101.34.4<br>101.34.6<br>101.34.8<br>101.34.10                           | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  Explain Bernoulli's Theorem and its relevance to an aerofoil.  Identify the three main factors affecting lift that can be controlled by the pilot.  Explain stalling, including the basic means of stall recovery.  Identify and explain the two main types of drag, and outline the impact of drag on aircraft performance.  Describe what an aerofoil is and distinguish between different aerofoil designs.  |
| 101.34.2<br>101.34.4<br>101.34.6<br>101.34.8<br>101.34.10<br>101.34.12<br>101.34.14 | Identify the forces acting on an aircraft in flight, and explain the basic relationship between them.  Explain Bernoulli's Theorem and its relevance to an aerofoil.  Identify the three main factors affecting lift that can be controlled by the pilot.  Explain stalling, including the basic means of stall recovery.  Identify and explain the two main types of drag, and outline the impact of drag on aircraft performance.  Describe what an aerofoil is and distinguish between different aerofoil designs.  Describe the three axes of rotation of an aircraft. |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.36    | Aircraft Engines   |
| 101.36.2  | Describe the principles of aircraft propulsion and basic types of power plant.                     |
| 101.36.4  | Identify the effects of thrust on aircraft in flight.  |
| 101.36.6  | Identify the effect of altitude on aircraft fuel efficiency.                                       |
| 101.36.8  | Describe the operation of the different types of aircraft engines:                                 |
|           | (a) piston   |
|           | (b) jet (including turbofan)   |
|           | (c) turbo prop.  |
| 101.36.10 | Describe asymmetric flight.  |
| 101.38    | Aircraft Systems and Instruments   |
| 101.38.2  | Describe in basic terms the main operating systems of modern-day aircraft.                         |
| 101.38.4  | Identify meaning of the following acronyms: APU, FMS, GPWS, TCAS, STCA, MSAW, ACARS.               |
| 101.38.6  | Explain the significance of aircraft depressurisation.   |
| 101.38.8  | Describe in basic terms the principles of helicopter aerodynamics, controls and operating hazards. |
| 101.38.10 | Explain in general terms the operation of an emergency locator transmitter (ELT), including:       |
|           | (a) state the frequency(ies) on which the ELT transmits  |
|           | (b) state the requirements for the carriage of an ELT  |
|           | (c) explain how an ELT can be activated  |
|           | (d) describe the requirements associated with ELT testing  |
|           | (e) describe the procedures for inadvertent ELT activation.  |
| 101.38.12 | State the procedures to be followed by ATS on receiving an ELT signal.                             |
| 101.38.14 | Explain the operation of aircraft transponders.  |
| 101.38.16 | State and explain the requirements for the operation of transponders.                              |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.40    | Principles of Altimetry  |
| 101.40.2  | Define the terms used in altimetry.  |
| 101.40.4  | List types of errors that affect the operation of a pressure altimeter.  |
| 101.40.6  | Describe how to adjust pressure settings.  |
| 101.40.8  | Describe the difference between QFE and QNH.   |
| 101.40.10 | Describe the application of the transition layer and how the altimeter should be adjusted when passing the transition layer and transition altitude. |
| 101.40.12 | Explain in general terms how air density affects altitude.   |
| 101.42    | Airspeed   |
| 101.42.2  | Describe the components of an airspeed indicator and principles of operation.  |
| 101.42.4  | Describe density error and its relevance to ATS.   |
| 101.42.6  | Identify and describe the three types of airspeed, including the relationship between them.  |
| 101.42.8  | Describe compressibility of the air and its significance to flight.  |
| 101.42.10 | Define critical Mach number, and describe the use of sweepback.  |
| 101.42.12 | Define ground speed and the effect of wind on aircraft performance.  |
| 101.44    | Aircraft Performance and Categories  |
| 101.44.2  | Describe in general terms the common aircraft types and airline operators in New Zealand.  |
| 101.44.4  | State the ICAO aircraft type designators, categories and operator designators for the most commonly used aircraft in New Zealand.                    |
| 101.44.6  | Describe in general terms the following parameters for typical commercial aircraft a controller will encounter:                                      |
|           | (a) cruise speed range   |
|           | (b) climb and descent performance.   |
| 101.44.8  | Explain in general terms the factors that can affect aircraft performance.   |
| 101.44.10 | Explain turn radius as it relates to aircraft performance.   |

| Sub Topic  | Syllabus Item  |
|--|--|
| 101.44.12  | Explain in general terms cruise speeds and climb performance for helicopters and light aircraft.   |
| 101.44.14  | Explain in general terms the evolution of aircraft type names, for example Piper.  |
| 101.44.16  | Explain the phenomenon of aquaplaning, including its effect on the control of an aircraft.   |
| 101.46   | Wake Turbulence  |
| 101.46.2   | Explain how wake turbulence is generated and the impact on aircraft operations.  |
| 101.46.4   | Identify environmental conditions affecting wake turbulence.   |
| 101.46.6   | Describe the aircraft configuration that generates the most wake turbulence.   |
| 101.46.8   | Identify appropriate phraseology for issuing cautionary advice of wake turbulence.   |
| 101.46.10  | List the ICAO wake turbulence categories.  |
| 101.46.12  | Explain helicopter wake turbulence.  |
|  | Aircraft Operations  |
|  |  |
| 101.48   | Circuit Operations   |
| <b>101.48</b><br>101.48.2  | Circuit Operations  Describe the general design and layout of an aerodrome.  |
|  |  |
| 101.48.2   | Describe the general design and layout of an aerodrome.  |
| 101.48.2<br>101.48.4   | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  |
| 101.48.2<br>101.48.4<br>101.48.6   | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.   |
| 101.48.2<br>101.48.4<br>101.48.6<br>101.48.8   | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.  State the requirements for an aircraft reporting its position in the circuit.  |
| 101.48.2<br>101.48.4<br>101.48.6<br>101.48.8<br>101.50   | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.  State the requirements for an aircraft reporting its position in the circuit.  IFR Operations  |
| 101.48.2<br>101.48.4<br>101.48.6<br>101.48.8<br>101.50   | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.  State the requirements for an aircraft reporting its position in the circuit.  IFR Operations  Explain in general terms IFR procedures.  |
| 101.48.2<br>101.48.4<br>101.48.6<br>101.48.8<br>101.50<br>101.50.2                                     | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.  State the requirements for an aircraft reporting its position in the circuit.  IFR Operations  Explain in general terms IFR procedures.  Explain in general terms the different types of minimum flight altitudes.   |
| 101.48.2<br>101.48.4<br>101.48.6<br>101.48.8<br>101.50<br>101.50.2<br>101.50.4<br>101.50.6             | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.  State the requirements for an aircraft reporting its position in the circuit.  IFR Operations  Explain in general terms IFR procedures.  Explain in general terms the different types of minimum flight altitudes.  Describe the different types of IFR departure procedures.  |
| 101.48.2<br>101.48.4<br>101.48.6<br>101.48.8<br>101.50<br>101.50.2<br>101.50.4<br>101.50.6<br>101.50.8 | Describe the general design and layout of an aerodrome.  Explain the numbering system and orientation of runways.  Describe designated positions in the traffic circuit.  State the requirements for an aircraft reporting its position in the circuit.  IFR Operations  Explain in general terms IFR procedures.  Explain in general terms the different types of minimum flight altitudes.  Describe the different types of IFR departure procedures.  Explain the requirements and considerations for noise abatement procedures.  Describe the types of instrument approach procedures in common use at NZ |

| Sub Topic   | Syllabus Item   |
|---|---|
|   | (b) outbound track  |
|   | (c) outbound timing or distance   |
|   | (d) missed approach procedure.  |
| 101.50.14   | Interpret instrument approach charts.   |
| 101.50.16   | Describe, in general terms, types of different instrument holding procedures.   |
| 101.50.18   | List the ICAO approach categories.  |
|   | Air Traffic Services (ATS)  |
| 101.52  | General   |
| 101.52.2  | Explain the objectives of ATS.  |
| 101.52.4  | State the categories ATS are divided into.  |
| 101.52.6  | Describe the general parameters for coordination between ATS and aircraft operator representatives.   |
| 101.54  | Airspace  |
|   |   |
| 101.54.2  | Identify the flight information regions within New Zealand's area of responsibility.  |
| 101.54.2<br>101.54.4  | Identify the flight information regions within New Zealand's area of responsibility.  Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  |
|   | Identify the classes of airspace used in New Zealand, and describe the separation and   |
| 101.54.4  | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  |
| 101.54.4  | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  Define transponder mandatory airspace and identify appropriate acronyms.  |
| 101.54.4<br>101.54.6<br>101.54.8  | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  Define transponder mandatory airspace and identify appropriate acronyms.  Define domestic controlled airspace categories and identify appropriate acronyms.   |
| 101.54.4<br>101.54.6<br>101.54.8<br>101.54.10                           | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  Define transponder mandatory airspace and identify appropriate acronyms.  Define domestic controlled airspace categories and identify appropriate acronyms.  Explain airspace classification.   |
| 101.54.4<br>101.54.6<br>101.54.8<br>101.54.10<br>101.54.12              | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  Define transponder mandatory airspace and identify appropriate acronyms.  Define domestic controlled airspace categories and identify appropriate acronyms.  Explain airspace classification.  Describe the different airspace designations.  Describe the various types of special use and other hazardous airspace, including   |
| 101.54.4<br>101.54.6<br>101.54.8<br>101.54.10<br>101.54.12<br>101.54.14 | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  Define transponder mandatory airspace and identify appropriate acronyms.  Define domestic controlled airspace categories and identify appropriate acronyms.  Explain airspace classification.  Describe the different airspace designations.  Describe the various types of special use and other hazardous airspace, including identifying appropriate acronyms.                                   |
| 101.54.4<br>101.54.6<br>101.54.8<br>101.54.10<br>101.54.12<br>101.54.14 | Identify the classes of airspace used in New Zealand, and describe the separation and traffic information requirements for each class.  Define transponder mandatory airspace and identify appropriate acronyms.  Define domestic controlled airspace categories and identify appropriate acronyms.  Explain airspace classification.  Describe the different airspace designations.  Describe the various types of special use and other hazardous airspace, including identifying appropriate acronyms.  Flight Information Service (FIS) |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.56.8  | Describe the methods used to disseminate flight information to aircraft, by the ATS unit responsible for the flight.  |
| 101.56.10 | State when new or amended flight information shall be disseminated to aircraft by the ATS unit responsible for the flight.  |
| 101.56.12 | List the information provided to VFR flights.   |
| 101.56.14 | State the time criteria for the passing of meteorological information.  |
| 101.56.16 | State the requirements for advising aircraft of:  |
|           | (a) relevant MET information  |
|           | (b) changes to aid serviceability   |
|           | (c) NOTAMS.   |
| 101.56.18 | Explain the purpose of traffic information.   |
| 101.56.20 | Define traffic information and when it should be passed.  |
| 101.56.22 | List the order for passing the elements of traffic information.   |
| 101.56.24 | Define traffic avoidance advice and its use.  |
| 101.56.26 | Describe the requirements for passing IFR aircraft traffic information in Class G airspace, including the designated areas within which Christchurch flight information centre provides this service. |
| 101.56.28 | State the priority in the provision of an air traffic control service (ATC) and a FIS.  |
| 101.58    | Flight Progress System  |
| 101.58.2  | Describe the purpose of the flight progress system.   |
| 101.58.4  | Describe the process and requirements of the following:   |
|           | (a) accuracy of data  |
|           | (b) information recorded  |
|           | (c) abbreviation and symbols  |
|           | (d) blocking strips.  |
| 101.58.6  | Explain in general terms the electronic representation of paper strips.   |
| 101.60    | Air Traffic Control (ATC) Service   |
| 101.60.2  | Define ATC service.   |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.60.4  | Explain the responsibility for the provision of an ATC service.   |
| 101.62    | Alerting Service  |
| 101.62.2  | Define the alerting service.  |
| 101.62.4  | Describe the scope of the alerting service.   |
| 101.62.6  | Explain the responsibility for the provision of the alerting service.   |
| 101.62.8  | Explain the alerting service emergency phases.  |
| 101.62.10 | Identify the three alerting phases, including name, acronym and definition.   |
| 101.62.12 | Demonstrate good working knowledge of the contents of an in-flight emergency response checklist.  |
| 101.62.14 | Explain the process of initial checks carried out to confirm the operational status of an aircraft.   |
| 101.62.16 | Describe SARTIME.   |
| 101.62.18 | Describe the process for RCCNZ/New Zealand Police/CAA notification.   |
| 101.62.20 | State where you would locate information on procedures and initial actions for handling aviation accidents and incidents.                             |
| 101.62.22 | Identify the three aerodrome emergency phases.  |
| 101.62.24 | Identify when an alerting service emergency phase shall be declared.  |
| 101.62.26 | Identify ATS response in the event of an emergency.   |
| 101.62.28 | Describe the use of the speechless technique using unmodulated transmissions, and list the components of the code to be used.                         |
| 101.62.30 | Describe the means by which a pilot may notify a state of emergency or distress, and identify the associated frequencies and squawk codes to be used. |
| 101.62.32 | Outline the actions of ATS following notification of an aircraft emergency from a source other than an ATS unit.                                      |
| 101.62.34 | State the procedures to be followed on receiving an ELT signal.   |
| 101.62.36 | Describe the procedures for ELT testing and inadvertent ELT activation.   |
| 101.64    | Search and Rescue   |
| 101.64.2  | Explain in general terms the RCCNZ.   |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.64.4  | Describe the search and rescue classes applicable in New Zealand.  |
| 101.66    | ATS Equipment  |
| 101.66.2  | Describe the components of the aeronautical fixed service facilities.  |
| 101.66.4  | Describe the aeronautical fixed telecommunications network.  |
| 101.66.6  | Describe the principles of operation of primary surveillance radar.  |
| 101.66.8  | Describe the principles of operation of secondary surveillance radar and MLAT.                                     |
| 101.66.10 | Explain the working principles and use of mode S in ATC.   |
| 101.66.12 | Explain the working principles and use of ADSB in ATC.   |
| 101.66.14 | Explain in general terms the automated surveillance data processing system (SDPS).                                 |
| 101.66.16 | Describe the information displayed, including position symbols, on the situation display.                          |
| 101.66.18 | Explain the difference between a correlated and uncorrelated RPS datablock on the situation display.               |
| 101.66.20 | Describe the situation display functions available, including safety nets.   |
| 101.66.22 | Explain in general terms the flight data processing system (FDPS), including interface with SDPS.                  |
| 101.66.24 | Describe the data displayed, including functions available, on the FDP flight plan status electronic data display  |
| 101.66.26 | Explain in general terms known future developments.  |
| 101.66.28 | Explain the impact of a partial or complete failure of the following ATS equipment, including, but not limited to: |
|           | (a) FDPS   |
|           | (b) SDPS   |
|           | (c) AFTN   |
|           | (d) navigation aids  |
|           | (e) voice communication system (VCS)   |
|           | (f) main and standby power supply.   |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.68    | ATS Messages   |
| 101.68.2  | Define ATS messages.   |
| 101.68.4  | Describe the different categories of ATS messages and their priorities.          |
| 101.68.6  | Explain the process for transmission of ATS messages.                            |
| 101.68.8  | Describe the process for preparation of ATS message for use via AFTN, including: |
|           | (a) priority indicator   |
|           | (b) addressing of messages   |
|           | (c) supplementary information on the address and origin                          |
|           | (d) filing time  |
|           | (e) origination of messages  |
|           | (f) originator indicator.  |
| 101.68.10 | Explain the requirements for standard ATS message contents and data conventions. |
| 101.68.12 | Describe flight information messages.  |
| 101.68.14 | Describe abbreviated flight plan message procedures.                             |
| 101.70    | Flight Planning  |
| 101.70.2  | Describe requirements for filing a VFR flight plan.                              |
| 101.70.4  | Define SARTIME.  |
| 101.70.6  | Define flight rules Y and flight rules Z.  |
| 101.70.8  | Describe in general terms VFR flight plans, including:                           |
|           | (a) when required  |
|           | (b) elements   |
|           | (c) activation   |
|           | (d) amendment  |
|           | (e) termination  |
|           | (f) SARTIME  |
|           | (g) terms and abbreviations.   |
| 101.70.10 | Describe in general terms IFR flight plans, including:                           |

#### Sub Topic Syllabus Item

- (a) when required
- (b) elements
- (c) activation
- (d) amendment
- (e) termination
- (f) SARTIME
- (g) terms and abbreviations.
- 101.70.12 Describe the following commonly used flight plan types:
  - (a) RPL
  - (b) EPL
  - (c) FPL
  - (d) CPL.
- 101.70.14 Identify when pilots are requested to pass persons on board (POB) information to an ATS unit.
- 101.70.16 Describe the methods for filing flight plans.
- 101.70.18 Describe the process for acceptance for VFR and IFR flight plans.

#### 101.72 FDPS and Flight Plan Handling

- 101.72.2 Explain the requirement for FDPS flight plan handling including:
  - (a) creation of flight plans
  - (b) creation of short-term flight plans
  - (c) mixed flight rules
  - (d) use of full registration
  - (e) aircraft types
  - (f) flight plan route field requirements
  - (g) IFR aerial work/activity flight plans
  - (h) flight plan other field
  - (i) manual entry of data block scratch pad
  - (j) activation of flight plans

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- (k) deletion of flight plans
- (I) flights cancelling IFR and proceeding VFR
- (m) flights cancelling VFR and proceeding IFR
- (n) flight plan handling for diverting flights
- (o) use of correct NAV and COM abbreviations and associated PBN data.
- 101.72.4 Explain SSR code management.
- 101.72.6 Describe the requirements when entering an FPL into the FDPS for the following:
  - (a) generic aircraft types, available when the actual aircraft type is unknown
  - (b) block level requests
  - (c) bearing and distance
  - (d) latitude and longitude
  - (e) filing options when a pilot intends to 'loiter' enroute e.g. military or aerial survey, including who to advise
  - (f) ambulance flights, aerial surveys, aerial photography, training, route description change, VIP and PBN data entered into section 18 of a flight plan.

#### 101.74 Coordination

- 101.74.2 Describe the general coordination criteria for the provision of ATS, including:
  - (a) information about which agreement must be reached
  - (b) when coordination is required.
- 101.74.4 State the various methods of coordination.
- 101.74.6 Describe the procedures relating to estimate messages.
- 101.74.8 Identify the requirements for revisions to estimates messages.
- 101.74.10 State the standard phraseologies for revisions.
- 101.74.12 Identify when an approval request is required.
- Describe the procedures associated with transfer of radio guard.

#### 101.76 FDPS and Coordination

101.76.2 Explain the automatic distribution of flight plan data/messages within the FDPS.

| Sub Topic  | Syllabus Item   |
|--|---|
| 101.76.4   | Explain the limitations of automatic exchange of ATS data in coordination.  |
| 101.76.6   | Explain in general terms the postings and flight plan ownership of the FDPS.  |
| 101.76.8   | Explain in general terms the handover functions for flight plans in the FDPS.   |
| 101.76.10  | Explain in general terms the FDPS flight plan process for an IFR flight requesting a clearance.   |
| 101.78   | ATC Clearances  |
| 101.78.2   | Describe the procedures associated with clearances and instructions, including the contents, limits and read-back requirements.   |
| 101.78.4   | Define an ATC clearance and identify how a clearance should be used.  |
| 101.78.6   | Describe procedures required where ATC clearances are transmitted through a relay agency, including appropriate phraseology.  |
| 101.78.8   | Describe the ATC clearance delivery instructions included where a clearance from ATC is to be passed by a flight service unit.  |
|  | Human Factors   |
|  |   |
| 101.80   | Human Performance   |
| <b>101.80</b><br>101.80.2  | Human Performance  Define the study of human performance.   |
|  |   |
| 101.80.2   | Define the study of human performance.  |
| 101.80.2<br>101.80.4   | Define the study of human performance.  Identify and describe the components of the information processing model.   |
| 101.80.2<br>101.80.4<br>101.80.6   | Define the study of human performance.  Identify and describe the components of the information processing model.  Describe the blame and train model.  |
| 101.80.2<br>101.80.4<br>101.80.6<br>101.80.8   | Define the study of human performance.  Identify and describe the components of the information processing model.  Describe the blame and train model.  Describe the Reason model.  |
| 101.80.2<br>101.80.4<br>101.80.6<br>101.80.8<br>101.80.10  | Define the study of human performance.  Identify and describe the components of the information processing model.  Describe the blame and train model.  Describe the Reason model.  Describe the SHEL model.  |
| 101.80.2<br>101.80.4<br>101.80.6<br>101.80.8<br>101.80.10<br>101.80.12                           | Define the study of human performance.  Identify and describe the components of the information processing model.  Describe the blame and train model.  Describe the Reason model.  Describe the SHEL model.  Describe the principles of higher cognitive functioning, its errors and limitations.  |
| 101.80.2<br>101.80.4<br>101.80.6<br>101.80.8<br>101.80.10<br>101.80.12<br>101.80.14              | Define the study of human performance.  Identify and describe the components of the information processing model.  Describe the blame and train model.  Describe the Reason model.  Describe the SHEL model.  Describe the principles of higher cognitive functioning, its errors and limitations.  Define situational awareness, and identify ways in which it can be eroded.  |
| 101.80.2<br>101.80.4<br>101.80.6<br>101.80.8<br>101.80.10<br>101.80.12<br>101.80.14<br>101.80.16 | Define the study of human performance.  Identify and describe the components of the information processing model.  Describe the blame and train model.  Describe the Reason model.  Describe the SHEL model.  Describe the principles of higher cognitive functioning, its errors and limitations.  Define situational awareness, and identify ways in which it can be eroded.  Describe the limitations of auditory and visual perception.  Identify and analyse using conceptual models the human factor contributions to |

| Sub Topic | Syllabus Item   |
|-----------|---|
| 101.80.24 | Describe the difference between short-term and long-term memory including capacity.   |
| 101.80.26 | Identify the hazard of visual illusion in an aerodrome environment.   |
| 101.80.28 | Identify the hazards of hearback errors and the tools used to minimise the attendant risk of incident.                              |
| 101.80.30 | Identify and describe the principal aspects of group behaviour.   |
| 101.80.32 | Describe the communication process in terms of changes to the information passed on, and consequent potential for miscommunication. |
| 101.80.34 | Identify and describe types of communication.   |
| 101.80.36 | Identify and describe barriers to communication.  |
| 101.82    | Fatigue and Fitness   |
| 101.82.2  | Describe hypoxia and identify pressurisation as the means of prevention.  |
| 101.82.4  | Describe the significance of sleep and circadian rhythm with respect to shift work.   |
| 101.82.6  | Describe the types of fatigue and how these are overcome.   |
| 101.84    | Equipment and Workspace Design  |
| 101.84.2  | Explain the importance of ergonomics regarding performance.   |
| 101.84.4  | Describe physical ergonomics.   |
| 101.84.6  | Describe cognitive ergonomics.  |
| 101.84.8  | List the physical and cognitive ergonomic considerations in an ATC environment.   |
| 101.86    | Stress Management   |
| 101.86.2  | Explain methods of identifying stress.  |
| 101.86.4  | Explain the difference between acute and chronic stress.  |
| 101.86.6  | Describe the physiological and psychological effects of stress.   |
| 101.86.8  | Identify symptoms of personal stress.   |
| 101.86.10 | Describe the cause and effects of stress.   |
| 101.86.12 | Describe stress management techniques applicable in an ATS environment.   |
| 101.86.14 | Describe the factors that improve personal stress tolerance.  |

| Sub Topic | Syllabus Item  |
|-----------|--|
| 101.86.16 | Describe the relationship between stress and fatigue.  |
| 101.86.18 | Explain methods of managing stress.  |
| 101.86.20 | Describe the relationship between performance and stress, including the role of the limbic system. |
| 101.86.22 | Identify the importance of physical exercise and relaxation techniques in the reduction of stress. |
| 101.88    | Systemic Approach to Aviation Safety   |
| 101.88.2  | Describe the importance of having standard procedures and documentation to contain human error.    |
| 101.88.4  | Identify the importance of standard procedures with respect to minimising human error.             |
| 101.88.6  | Identify key aspects that contribute to the effectiveness of procedures.                           |
| 101.88.8  | Identify and describe features that would be apparent in an organisation nurturing safety.         |
| 101.88.10 | Describe the threat and error management model including its significance to ATC.                  |
| 101.88.12 | Define the components of the threat and error management (TEM) model.                              |